



## PLANNED PROGRAM CONTENT (SYNCHRONISED)

Name of Team:
Division:

<b>ELEMENTS IN ORDER SKATED</b>
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	Short Skating Program
1	
2	
3	
4	
5	
6	

	Free Skating Program
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	